

WESTERN LONG ISLAND SOUND
GOVERNOR'S
CUP 
REGATTA
CITY ISLAND YC ★ MANHASSET BAY YC
HUGUENOT YC

SAILING INSTRUCTIONS
First Annual Western Long Island Sound
Governor's Cup Charity Regatta
Saturday August 22, 2015

The City Island Yacht Club, Huguenot Yacht Club and Manhasset Bay Yacht Club welcome you to the FIRST Annual Western Long Island Sound Governor's Cup Charity Regatta for the benefit of **Sails For Sustenance**.

Sails For Sustenance is an organization dedicated to recycling sails donated in the U.S. by providing them to subsistence fishermen of Haiti. <http://sailsforsustenance.org/>. Bring your used sails to City Island Yacht Club for donation.

1. RULES

The race will be governed by *The Racing Rules of Sailing (RRS) for 2013-2016*.

- 1.1. **For PHRF boats the Performance Handicap Racing Fleet (PHRF) Regulations** of the Yacht Racing Association of Long Island Sound (YRA of LIS) shall apply. **For IRC boats the IRC Rules 2015**, Parts A, B and C shall apply.
- 1.2. Unrated boats will be assigned one-time PHRF ratings by the race organizers and will race against other unrated boats. Depending on the number of entries there may be more than one division.
- 1.3. The Minimum Equipment Recommendations of the YRA of LIS for category "C" races shall apply for all boats. These requirements are available on the YRA of LIS web site at www.yralis.org.
- 1.4. Except as any of these are changed by the Notice of Race or by the Sailing Instructions.

2. NOTICES TO COMPETITORS AND CHANGES IN SAILING INSTRUCTIONS

- 2.1. Notices to competitors and changes in these Sailing Instructions or division assignments, if any, will be announced via VHF radio Channel 72 no earlier than 11:00 on the day of the start and up to the first warning signal.

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3. SCHEDULE:

- 3.1. The first warning signal will be no earlier than 11:55 hours.
- 3.2. No warning signal will be made after 14:30 hours.

4. COURSE: START:

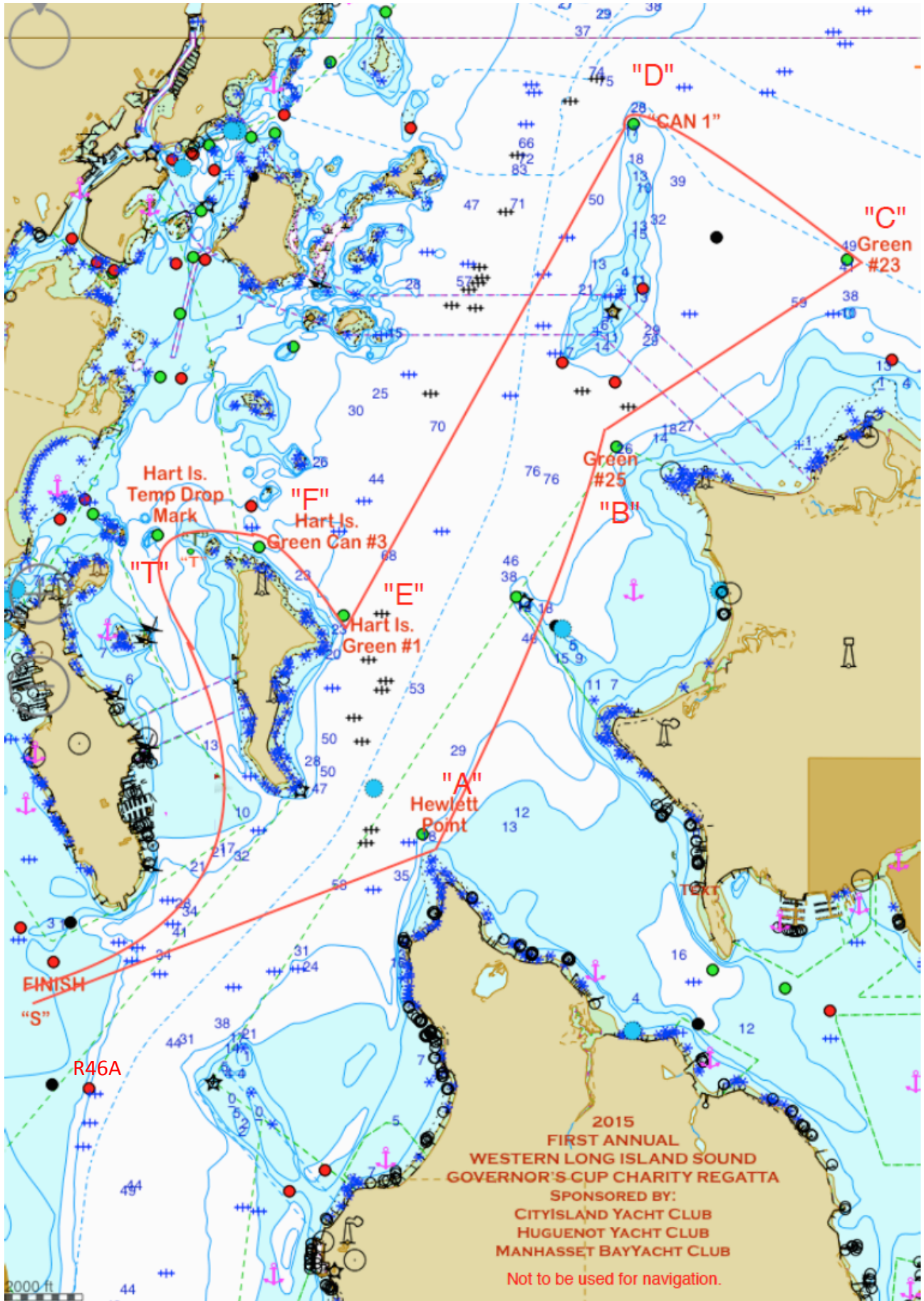
- 4.1. Races will be started using RRS 26.
- 4.2. The start line will be between an orange or yellow flag displayed on the Race Committee boat, and BUOY #46A in Eastchester Bay. The Race Committee boat at the start may have one or more "anti-barging" buoys attached to her stern. The Race Committee boat, any such buoys, and the lines or fittings used to anchor or attach the buoys to the Race Committee boat, shall collectively constitute a starting mark.
- 4.3. All boats shall identify themselves to the Race Committee prior to the warning signal by passing the stern of the Race Committee boat and hailing RC with vessel name and sail number.
- 4.4. In the event of a Postponement ("AP") or General Recall ("1st Substitute"), that signal will be removed, accompanied by an audible signal, one minute before the Warning Signal for that Postponed or Recalled division restart.
- 4.5. Boats whose warning signal has not been made shall avoid the starting area.
- 4.6. A boat starting later than 4 minutes after their starting signal will be scored Did Not Start (DNS). This changes rule A4 and A5.
- 4.7. The Race Committee may attempt to hail On Course Side (OCS) boats on VHF Channel 72. Failure of the Race Committee to successfully notify an OCS boat by radio shall not relieve the OCS boat of its responsibility under RRS 28.1 nor be grounds for redress.

5. COURSE MARKS AND ROUTE:

- 5.1. Competitors will sail a navigation course as listed below.
- 5.2. Race Committee may, at its discretion, shorten the listed race course to any sailing mark forward of the leading fleet vessel. RC will announce any shortened course change on VHF CH72.

Mark	Name and Location
"S"	Start Vicinity Buoy 46A Eastchester Bay off City Island to...
"A"	Hewlett Point Green Gong # 29 TAKEN TO PORT.
"B"	Green Gong #25 North of Sands Point TAKEN TO STARBOARD.
"C"	Prospect Point Green Gong #23 TAKEN TO PORT.
"D"	Can #1 NE of Execution Rocks TAKEN TO PORT.
"E"	Hart Island East Side Buoy #1 Green Gong TAKEN TO STARBOARD.
"F"	North end of Hart Island Green Can # 3 TAKEN TO PORT.
"T"	Temporary drop mark NW tip of Hart Island TAKEN TO PORT. (Honor "The Blauzes")
"S"	Finish at Buoy 46A Eastchester Bay off City Island

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7. FINISH:

The finishing line will be between an orange or yellow flag displayed on the Race Committee boat, and BUOY #46A in Eastchester Bay.

- 7.1.1 RC reserves the option to shorten the race course at an up-course mark at any time. RC will endeavor to broadcast any such change on VHF Channel 72.

PENALTY SYSTEM:

- 7.1. The Scoring Penalty, RRS 44.3 shall not apply.

8. TIME LIMITS: Any boat not finishing by 17:30 hours shall be scored DNF.

9. PROTESTS AND REQUESTS FOR REDRESS: Protests shall be lodged in accordance with RRS 61 and 62 which are modified as follows:

- 9.1. A boat initiating a protest against another boat shall display a red flag from its backstay or equivalent position. This changes RRS 61.1(2).
- 9.2. The protestor shall notify the Race Committee after finishing on VHF Channel 72 of its intent to file including its name, the name of the protestee.
- 9.3. When all boats in all divisions have finished, the Race Committee will announce a summary of reported protests on Channel 72.
- 9.4. Protests, completed on US Sailing protest forms or equivalent and Requests for Redress, in writing, must be received by the Race Committee at the City Island Yacht Club within two hours after all boats have finished. Protests and Requests for Redress shall be heard as soon as practical following the race at the City Island Yacht Club.

10. SCORING:

1. Scoring for the PHRF divisions will be calculated using the Time on Time method using a Time Correction Factor based on the boat's YRA of LIS PHRF distance rating ($TCF=600 / (480+PHRF)$). Scoring for the IRC division(s) will be scored using the IRC Time Correction Factor using time on time. Score results will be available at WWW.YACHTSCORING.COM.

- 10.1. First three boats in each division scored on corrected time shall receive an award.
- 10.2. Scored first place finishing boat in each division will share the Walter Cronkite Perpetual Trophy.
- 10.3. Best corrected time score in all divisions by a "Junior" vessel (as defined by YRALIS rules) will receive the Junior award.

11. SAFETY AND RESPONSIBILITY:

- 11.1. All competitors are reminded of RRS, Rule 4, Decision to Race. The City Island Yacht Club will not accept any liability for property damage, personal injury or death sustained in conjunction with, prior to, during or after the regatta. Competitors participate in the regatta entirely at their own risk.
- 11.2. Withdrawing boats MUST contact the Race Committee by VHF Channel 72 and continue to do so until acknowledged by the Race Committee. Failure to follow this procedure may result in unnecessary search and rescue procedures.

12. RADIO COMMUNICATIONS:

- 12.1. Each boat shall carry a VHF radio capable of transmitting and receiving on Channel 72.
- 12.2. Except when seeking or rendering assistance a boat shall neither make radio transmissions while racing nor receive special communications not simultaneously available to all boats. Contestants may not receive special weather, current or navigational information except by broadcast from a

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publicized source available to all competitors. Internet use is allowed for accessing all information publicly available at no fee.

The Race Committee will endeavor to make courtesy announcements before and during the starting sequence on VHF Channel 72. All boats are encouraged to monitor this channel prior to and during the start.

- 13. PRIZES:** Prizes will be awarded at the conclusion of the race and presented at the City Island Yacht Club Awards post race party. The Walter Cronkite Perpetual Trophy will be presented at the annual CIYC Awards Brunch in November, 2015.
The following prizes will be awarded:
- 13.1. First, Second and Third Place awards in each division with 5 or more entries.
 - 13.2. WLISGC Team Award to the team the best group finish places.
 - 13.3. WLISGC Junior Award to the best performance by a "Junior" (as defined by YRALIS) boat.
 - 13.4. The WALTER CRONKITE PERPETUAL TROPHY will be awarded to the first place boat in each sailing division. The trophy will reside at the host Yacht Club for the calendar year following its presentation.
- 14. MANAGEMENT:** The Race Committee shall have the authority to interpret the rules and conditions of the race, to assign boats to divisions, to decide protests and to reject the entry of any boat.
- 15. WELCOME: PLEASE JOIN US FOR POST RACE PARTY FESTIVITIES AND AWARDS PRESENTATIONS AT THE CITY ISLAND YACHT CLUB IMMEDIATELY FOLLOWING THE RACE BEGINNING AT 1800 HOURS. BRING YOUR OLD SAILS FOR DONATION TO SAILS FOR SUSTENANCE.**
- 16.** The privileges of the City Island Yacht Club are extended to all participating boats. A limited number of complimentary guest moorings will be available from August 21st until August 23rd to competitors in the Western Long Island Sound Governor's Cup Charity Regatta. Guest mooring reservations can be made by calling the CIYC at 718-885-2487. The City Island Yacht Club launch monitors Channel 72 and is available 24/7.

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